



Forage: to seek, rummage or hunt;
a search over a wide area to obtain something

About Forage and Slow Stitching

Forage by Lisa Mattock is about seeking out reclaimed and vintage textile treasures and upcycling them into beautiful pieces that speak to the soul of the stitcher.

At Forage, we are devotees of the art of slow stitching. We embrace the idea of slowing down, and recognise the practical beauty of reclaiming, reusing and repurposing;

Foragers are passionate collectors of beautiful threads, embroidery, appliques, textiles, buttons and trims. They love nothing more than to hunt at flea markets, charity stores and church fetes for the cloth treasures and embellishments they will add to their stash of "just because" pieces, and when the moment is right, take great pride in repurposing them into something beautiful.

Lisa's popular classes and workshops embrace the art of slow stitching, which is anchored in the "make do and mend" and "waste not, want not" ethos of yesteryear. It is a nod to generations who came before, when reusing and recycling were both necessary and admirable.

Slow stitching embraces the timeworn nature of our materials, and the individuality of our stitching methods. Simplicity and care are the keys.

About Lisa Mattock

The groundwork for Forage was laid by a long and varied career in the creative industries. Lisa's expertise as a textile artist, florist, food stylist, visual merchandiser, and with her own upmarket florist and homewares store in Sydney's eastern suburbs, combined with her long-standing passions for vintage fabrics, recycling, and embroidery made Forage a natural evolution.

Through workshops, events and collaborations with local designers, Lisa gets to follow and share her twin passions of discovering and collecting reclaimed fabrics and embellishments, and creating intricate layered textile artworks.

Lisa travels widely and delights in teaching her SlowStitching classes in Australia, the UK, the USA and France.

Featured Forage...

- Better Homes & Gardens (AUS)
- Homespun Magazine (AUS)
- Chicago International Quilt Festival (USA)
- Stitches & Craft Show - Guest Feature Artist (SYD)
- At the Knitting & Stitching Show, Alexandra Palace (LON)



At Forage, one of the ways we share our passion for reclaimed textiles and slow stitching is through a range of classes and themed workshops. These are designed to suit all levels, from complete novice to those well versed in stitching, quilting and patchwork. Each workshop is conducted as full day, small group session (approx. 12) to allow us to learn, share, explore and enjoy each other's company doing what we love.