

Quatrefoil Applique taught By Christa Watson
Teacher contact: christa@christaquilts.com

Skill level: Comfortable Beginner to Intermediate

Length: Full Day (6 hours)

Book Required: *The Ultimate Guide to Machine Quilting by Angela Walters and Christa Watson*

Available from Christa during class, or purchase ahead of time at christaquilts.bigcartel.com

Description: 44" x 58"

Combine piecing and applique to make a stunning design that's much easier to make than it looks! Christa will show you 3 easy ways to machine applique: using a traditional zig-zag, a machine blanket stitch, or a modern minimalist top-stitched technique where you quilt and applique at the same time. For an optional bonus, you can choose to free-motion quilt your first practice block in class with Christa's helpful hints.

Fabric Requirements for Quilt Top

2 ½ yards background solid (gray in example)

12 fat quarters of assorted prints or solids (pinks in the example)

Optional – 1 extra fat quarter for sample block, 16" square of batting, 18" square of backing fabric; ¼ yard more of background fabric.

Special Equipment and supplies

Rotary cutter with new blade and cutting mat (approximately 18" x 24")

Scissors for cutting through fabric and fusible web

Template plastic (at least 8" x 8"), and template marking pen (such as a thin sharpie)

Applique pressing sheet or white cotton fabric to protect your work

Neutral colored 100% cotton thread for piecing (I recommend Aurifil 50 weight)

Thread to match your fabric for machine applique and machine quilting

Sewing machine in good working order with decorative machine stitches such as a zig zag and blanket stitch

Foot for machine applique. (I recommend an open toe foot such as the BERNINA 20 embroidery foot or the equivalent)

Basic sewing notions – seam ripper, pins, scissors, etc.

Optional: lightweight tear away stabilizer for machine appliques

Optional: free-motion foot for machine quilting